



# GenuTrain®

ACTIVE SUPPORT FOR RELIEF AND STABILIZATION OF THE KNEE JOINT



Omega pad



## Indications

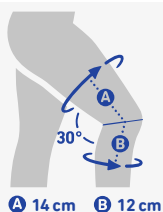
- Irritation (tendomyopathy, ligament insertion degeneration, meniscopathy, chronic, post-traumatic or post-operative treatment)
- Recurrent joint effusion
- Gonarthrosis / arthritis (joint wear / joint inflammation)
- Prevention / relapse prevention
- Feeling of instability

## Features

- Omega pad: integrated, ring-shaped viscoelastic pad surrounding the patella with two pressure points on the distal section of the pad and two lateral wings at the level of the menisci.
- Train knit design: particularly stretchy, breathable and moisture-wicking for excellent wearing comfort.
- Especially soft knit fabric for the hollow of the knee.
- Anatomically knit for an optimum fit and highly secure positioning.
- Compression-reduced edges divert pressure at the ends of the support and thus offer superior wearing comfort.
- Integrated donning aid makes the support easier to put on.
- The same version for right and left.
- We recommend the siliconized version for comfort sizes.

## Mode of action

- The Omega pad redistributes compression away from the patella to the surrounding soft tissues.
- Knee joint movement massages the parapatellar soft tissue structures through the formed padded ring.
- The compression and massage effects accelerate the reabsorption of edema and effusions and help relieve pain.
- The pressure points of the Omega pad exert pressure on the infrapatellar fat pad. They reduce pressure and alleviate pain in the retropatellar area.
- The lateral wings of the Omega pad reach the front parts of the meniscus and reduce pain by exerting intermittent compression.
- Complex stimulation of the proprioceptors has a positive effect on the sensorimotor system and thus on muscle control.



Size		0	1	2	3	4	5	6	7	Order no.
Standard	Circumf. top in cm	35–38	38–41	41–44	44–47	47–50	50–53	53–56	56–59	110 4120 50*Δ 00°
	Circumf. bottom in cm	25–28	28–31	31–34	34–37	37–40	40–43	43–46	46–49	
Comfort	Circumf. top in cm				47–50	50–53	53–56	56–59	59–62	110 4120 50*Δ 08°
	Circumf. bottom in cm				34–37	37–40	40–43	43–46	46–49	

\*1 = nature \*7 = black \*8 = titan

Δ 0 = without silicone border, Δ 9 = with silicone border (only in titan and black, comfort sizes also in nature), ° = size

**Custom-made solution:** Please find the exact measuring points on our detailed measuring block.  
Custom-made solutions in nature and titan.